

BREAKFAST MAINS

Eggs Benny

Three poached eggs and your choice of **crab & avocado, shaved ham, prosciutto, smoked salmon** over house-baked focaccia and in-house made hollandaise sauce.

\$16.95

Traditional Breakfast

Your choice of shaved ham or smoked bacon served with eggs any style, fresh cut fruits and house baked toast.

\$14.00

Fresh Fruit, Granola and Yogurt

Large fresh cut fruits with cereal granola and French vanilla pro-biotic yogurt.

\$9.50

Quiche Breakfast

Rotating variety of traditional quiche. Served with side fruit or daily salad of choice

\$14.75

Smoked Salmon and Scramble Croissant

Chilled smoked salmon over a bed of fresh scrambled eggs. Served open faced on an oven baked butter croissant, drizzled with extra virgin olive oil and a touch of parmesan cheese.

\$14.75

Add Avocado + \$2.00

Steak and Eggs

Fresh cut strip of house roasted New York steak dressed with creamy wild mushroom sauce. Eggs any style with fresh cut fruits and house-baked toast.

\$18.50

Pastry and Fruit or Yogurt

Daily house-made pastry (danish , almond croissant etc.) and choice of small fruit cup or French vanilla yogurt. Selections vary daily.

\$8.25

FRENCH TOAST (EVERYONE'S FAVORITE)

House baked bread, battered and pan seared. Served with fresh cut fruits.

Sweet and Simple

Choice of honey, maple syrup, fresh chocolate or sea-salted caramel drizzle.

\$12.00

Fresh Fruit

Apricot compote, touch of honey and fresh berries.

\$13.00

OMELETTES

Pan seared in extra virgin olive oil, served with fresh cut fruits and house-baked toast.

Capricciosa

Shaved ham, marinated mushrooms and French brie cheese.

\$13.00

Caprese

Oven roasted eight vegetable medley with goat cheese.

\$13.00

Parma

Prosciutto ham, fresh spinach and feta cheese.

\$13.00

FULLY
LICENSED

Mangia in Gastown



CREATE YOUR OWN OMELETTE OR BREAKFAST SANDWICH

Your choice of Omelette or Scrambled Eggs customized with your favorite fillings and served with Sourdough, Baguette or Focaccia toast.

3 Items
\$14

4 items
\$15

5 items
\$16

Veggies...

Avocado, Artichoke, Mushroom, Onion, Olives, Peppers, Spinach, Tomato.

Cheese...

Bocconcini, Brie, Feta, Goat Cheese, Gorgonzola, Mascapone, Mozzarella.

Meat...

Chicken, Chorizo, Maple Bacon, Black Forest Ham, Prosciutto, Smoked Salmon, Tiger Prawns.

Fresh Squeezed Lemonade, Orange Juice or Smoothie
\$4.00

HOT BEVERAGES

House Blend Coffee	\$2.65		\$2.95
Premium Whole Leaf Tea	\$3.00		
Espresso	\$2.65		
Double Espresso	\$3.45		
Cappuccino	\$3.95		\$4.70
Macchiato	\$2.95		\$3.40
Cafe Americano	\$2.95		\$3.40
Cafe Latte	\$3.95		\$4.95
Cafe Mocha	\$4.40		\$5.40
Hot Chocolate	\$3.95		\$5.15
Chai Latte	\$3.95		\$5.00
London Fog	\$3.95		\$4.95
Extra Shot Espresso			\$1.45

ADD ONS

Side of Bacon	+ \$3.95
Side of Ham	+ \$3.95
Side of Sausage	+ \$4.40
Side of Toast & Jam	+ \$3.70
Upgrade Fruit Cup to Bowl	+ \$3.20
Side of Avocado	+ \$2.20
Split Plate	+ \$1.45
Add an Egg	+ \$2.40
Substitute Egg Whites	+ \$2.40
Extra Bread (made in-house)	+ \$1.95

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